

# SOUTHEAST MARTIAL-ARTS WORKSHOPS

Presents

A 3Part Martial-Arts workshop, with over 100yrs of experience

Workshop dates are: Saturday 11th February 2012, Saturday 21st April 2012,  
Saturday 28th June 2012 And Saturday 6th October 2012

## SELF-DEFENSE



\*Analyze Understand and Application of techniques

\*Basic Self-defense

\*Practical Street Defense

\*Advance Dynamic

## FORMS



\*Japanese, Okinawan  
Chinese, and Korean Forms

\*Bunkai  
(Application of Forms)

\*The winning Edge  
(Competitive Forms)

## WEAPONARY



\*Japanese, Okinawan  
Chinese,

\*Bunkai  
(Application of Forms)

\*Becoming the weapon  
(Competitive Forms)

### About our Presenters

*Grandmaster Wayne P Lewis is a former world Champion, rated competitor, Black belt hall of famer. And International Referee*

*Grandmaster Stephen Bevil is the master Instructor of Shorin-ryu of York County and Charlotte., 2010 Martial-arts Renmei Grandmaster of the year*

*Shifu Delmar Minor is national competitor, ranked in Okinawan and Chinese martial-arts systems, is one of the head instructors at the Winthrop University, martial-Arts Club, Trained in China*

**\$20 early  
registration**

Where: The Y.M.C.A ( Date 11th Feb 2012 Time: 1pm-6pm)

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